

24/7

Illinois Perinatal  
HIV Hotline



GIVE BIRTH TO A FUTURE  
WITHOUT HIV/AIDS

800-439-4079

[hivpregnancyhotline.org](http://hivpregnancyhotline.org)

  
Mother  
& Child  
ALLIANCE

## SIGNING A HOTLINE RELEASE OF INFORMATION FORM

Your nurse may ask you to sign a Release of Information form for the Hotline. Signing a Release of Information means that you will be able to meet with a case manager, someone specially trained to help you at this time. This case manager is a trustworthy person who can help you to understand your HIV test results and the next steps you need to take. You will learn important things you need to know during this time. The more you understand, the better you will be to make good choices about your health and the health of your baby. The case manager knows just how hard this can be. She has helped many women just like you become more comfortable during this time. Together you and the case manager will work as a team for the best outcome.

Your privacy and safety are very important to a case manager. It is only when you sign the Release of Information form that a case manager will contact you. A case manager, by law, cannot tell anyone about your medical care or tests. The case manager will be able to answer your questions and provide help with any or all of the following things:

- ❖ Education about HIV testing
- ❖ Understanding what a preliminary positive or confirmatory positive HIV test result means
- ❖ Helping you to better deal with a positive HIV test result
- ❖ Issues of privacy and choosing to share your HIV-positive status with others
- ❖ Dealing with a spouse, partner, family, friends and other children
- ❖ Developing a solid plan for medical care for you and your baby
- ❖ Breastfeeding interruption, issues or concerns
- ❖ Giving medication to your baby
- ❖ Help if you are experiencing any form of violence or abuse
- ❖ Substance/Alcohol use referrals
- ❖ Counseling referrals
- ❖ Housing/Food assistance